

Make Your Own Bath Bombs!

Activity Led by: Cody Backhaus

What do you call a toot in the bathtub?

A bath bomb

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How do they work?

sodium bicarbonate
(creates an alkaline solution)

citric acid
(an acid)



These two ingredients interact with each other once dissolved in water to create that fizzing effect!

More about the reaction...

The reaction is called neutralization.

An acid is a substance which donates hydrogen into solution, while a base or alkali is one which takes up hydrogen.

They're swapping hydrogen!

A neutral solution is made if you add just the right amount of acid and base together. The products formed are salt and water.



Our Ingredients

- Baking soda
- Citric acid
- Epsom salt
- Cornstarch
- Water
- Essential oils (lavender, eucalyptus, rose, orange, and lemongrass are popular for the bath)
- Carrier Oil (jojoba, sweet almond, coconut, olive, or even baby oil)
- Drops of food coloring
- A mold of your choice, such as regular or mini-muffin tins, candy pans, or round plastic molds specifically for bath bombs

1. Mix together our dry ingredients
2. Add our color (less drops, light color; more drops, more color)
3. Add our scent (10-20 drops depending on how intense you want it)
4. Spritz the mixture with water/oil and form!
5. Dry your bathbomb in a tray so it stays together!



**Use them at home, or in your hotel bathtub.
Please don't bring them to the water parks!**

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